



Rock Ridge Elementary

Virtual Field Trip

The Nutcracker with Southern California Ballet week of December 14-18.

LINK:

www.PowayOnStage.org/vft-nut

Password: Nut2020

The full field trip will take about an hour and 45-minutes to two hours to complete. The detailed breakdown below includes approximate times of each component of the Virtual Field Trip, in the order that they are presented. The field trip can be completed in a single day or over several days – it is up to you. All sections are pre recorded and you have unlimited access to the field trip between December 14 - 18th

- Nutcracker Time Machine – the History of the Nutcracker (8 minutes)
- Virtual Tour of the Poway Center for the Performing Arts (10 minutes)
- Narrated, shortened version of the full Nutcracker Ballet (36 minutes total)
 - Act 1 – 18 minutes
 - Act 2 – 18 minutes
- VAPA Extension Activities
 - Design a costume (templates provided) (10 minutes)
 - Learn choreography – 4 dance tutorials are included (appropriate for boys and girls)
 - § Party Children Dance (11 minutes)
 - § Toy Soldier Dance (10 minutes)
 - § Chinese Tea Dance (8 minutes)
 - § Spanish Chocolate Dance (8 minutes)
 - Pantomime demonstration – how to tell a story without words (7 minutes)
 - Play Nutcracker Rhythms (10 minutes)
- Show What You Know Worksheet (7 minutes)